



St. Edward Volleyball Camp

Camp Information

Date: July 20-23 Monday- Thursday
9:00-11:30a.m.

Cost: \$ 75.00 Payable to Booster Club

Open to Girls entering 5th through 8th

Activities & Requirements

The focus of the camp is to increase the athlete's ability to perform the fundamentals of volleyball. Intense workouts will be dedicated to enhancing the following skills:

Serving
Hitting
Passing
Setting
Defense
Agility
Conditioning

Campers should eat light in the morning!

All campers must have the following items each day of camp:

Tennis Shoes
Towels
Sport Drink or Water

For more information Call
Coach George Coleman
281- 408-9137
gcoleman@stedwardschool.org